

SPORTS / LEISURE ACTIVITIES

ANGLING

Bradford City Angling Association

Just to the NW of Burley the Bradford City Angling Association holds the fishing rights to a half-mile stretch of the river behind Manor Park.

Contact: Terry Duncalf - Membership Secretary
Telephone: 07988 681 654
Email: memsec.bradfordcityaa@gmail.com
Web: bradfordcityaa.co.uk

Ilkley Angling Association

The Ilkley Angling Association has excellent angling on the river at Ilkley and Ben Rhydding and on two ponds between Burley and Ben Rhydding. Where the river runs next to the main A65 between Burley and Ben Rhydding there is a stretch of free fishing. Also just before reaching Otley there is a short stretch of good free fishing next to the main A660. Note that even where the fishing is free, all anglers must have an Environment Agency fishing rod licence.

Contact: Dave Martin, Secretary Ilkley Angling Association & licenced fly fishing instructor
Tel. 07544 911441
Email: davidmartin@ilkleyanglingassociation.co.uk
Web: ilkleyanglingassociation.co.uk

BADMINTON

Ladies Badminton

Queens Hall : Wednesdays 20.15 – 21.45 September till March

BARRE

Barre at Space Fitness & Wellbeing

Contact: Sarah Clough
Venue The Grange, Main Street, Burley-in-Wharfedale, LS29 7ND
Telephone: 07999 835660
Email: info@spacefitnessandwellbeing.co.uk
Time: Monday 9:15 am - Cardio Barre
Saturday 10:30 am - Cardio Barre
Thursday 9:15 am - Barre Pilates.

Low impact & fantastic for strengthening & toning legs, knees & bum.

BASKETBALL

Bradford Dragons Basketball Club

Contact: Ricky Fetske
Telephone: 07867 690506
Email: ricky.fetske.bradforddragons@gmail.com
Venue: St Mary's Catholic High School, Menston
Time: Mondays 4:30 pm to 6 pm (year 8 and younger)
Mondays 6:45 pm to 7:45 pm under 16s (years 8 to 12) Satellite Club

Learn some basketball skills and have some fun! All sessions run by Basketball England Level 2 qualified coaches who are all Bradford Dragons 1st team players (DBS checked and Safeguarding certified).

BINGO

Sunday and Tuesday evenings at 8pm Burley in Wharfedale Social Club. Friendly and fun evenings with a mixture of prize bingo, cash bingo and jackpots

Venue: Burley in Wharfedale Social Club, Hill Top House, Main Street
Telephone: 01943 862287

BOOTCAMP

Instructor: Joe Fearnley
Venue: Ashlands Park, Ilkley
Times: Monday 7:00 pm to 8:00 pm
Telephone: 07799 304550
Email: joe@joeslittlegym.co.uk

Instructor: Luke Holland

Venue: Scout Hut, 23 Peel Place, Burley in Wharfedale, LS29 7JS
Times: Monday and Wednesday 930 am to 1030 am
Friday 9:00 am to 10:00 am
Saturday 8:00 am to 9:00 am

Bootcamp is a great way to stay in shape and it's a great way to have fun with friends. Don't be put off if you feel like your fitness levels aren't up to scratch. Your fitness levels will rapidly improve whilst exercising in a fun safe environment, without you even knowing it.

BOWLING

Burley Bowling Club

Venue: Grange Park
Contact: Brian Wheeler
Telephone: 07944 191480
Email: brianpwheeler@hotmail.co.uk

Contact: David Poucher
Telephone: 07979 607701
Email: dhpoucher@icloud.com

Crown green bowling: everybody welcome of all ages. The club offers competitive or friendly bowling from April until October. Indoor also bowling takes place during winter.

CRICKET

Burley in Wharfedale Cricket Club

Chairman: Malcolm Wadsworth
Club Secretary: David Wadsworth
Telephone: 07778 813588
Director of Cricket: Dave Cooper
Telephone: 07986 234489
Web: biwcc.play-cricket.com

The club plays in the Airedale & Wharfedale Cricket League at Junior and Senior Levels. Coaching is available for Juniors (both boys and girls) on Monday and Friday evenings during the cricket season. Junior matches are played at both Grange Road and Scalebor Park. New members welcome.

FITNESS CLASSES

CARDIO BLAST

Instructor: Elyse Shankland
Venue: Salem Church Hall
Times: Wednesdays 6:45 pm for 45 minutes
Instructor: Elyse Shankland
Telephone: 07739 099955

CIRCUITS

Instructor: Elyse Shankland
Venue: Salem Church Hall
Times: Mondays 6:15 pm for 45 minutes
Telephone: 07739 099955

Instructor: Joe Fearnley
Venue: Queens Hall
Times: Tuesdays 8:15 pm to 9:00 pm
Fridays 6:35 pm to 7:25 pm
Telephone: 07799 304550
Email: joe@joeslittlegym.co.uk

HIIT

Instructor: Elyse Shankland
Venue: Salem Church Hall
Times: Wednesdays 7: 35 pm for 60 minutes
Telephone: 07739 099955

High intensity interval training followed by pilates for core strength and restore.

HIIT at Space Fitness & Wellbeing

Contact: Sarah Clough
Venue: The Grange, Main Street, Burley-in-Wharfedale, LS29 7ND
Telephone: 07999 835660
Email: info@spacefitnessandwellbeing.co.uk
Time: Tuesdays 11:45 am.

Great for heart health, increasing metabolic rate & overall toning.

MATURE FITNESS

Exercise for seniors. Cardio and toning (no floor work).

Instructor: Elyse Shankland
Venue: Salem Church Hall
Times: Fridays 1 pm for 45 minutes
Telephone: 07739 099955

METAFIT

Instructor: Joe Fearnley
Venue: Queens Hall
Times: Wednesdays 7:45 pm to 8:15 pm
Saturdays 9:45 am to 10:15 am
Telephone: 07799 304550
Email: joe@joeslittlegym.co.uk

PUMP

Instructor: Joe Fearnley
Venue: Queens Hall
Times: Wednesdays 7 pm to 7:30 pm
Saturdays 8:30 am to 09:30 am
Telephone: 07799 304550
Email: joe@joeslittlegym.co.uk

S.W.A.T

Instructor: Joe Fearnley
Venue: Queens Hall
Times: Wednesdays 7:45pm to 8:15pm
Telephone: 07799 304550
Email: joe@joeslittlegym.co.uk

ZUMBA

A fun, easy- to- follow Latin inspired dance- fitness experience which is suitable for all ages and abilities. No experience is required.

Instructor: Wendy Houlders
Venue: Queens Hall
Time: Mondays 09.30 am to 10.15 am
Telephone: 0774 8331320
Email: wendy.houlders@btinternet.com

Instructor: Elyse Shankland

Venue: Salem Rooms
Time: Thursdays 10:30 am to 11:30 am
Telephone: 07739 099955

Instructors: Wendy and Elyse - Zumba Party Nights

Venue: Queens Hall
Contact: 07748 331320 or 07739 099955
Time: Tuesday 7:00 pm to 8:00 pm.

ZUMBA GOLD

Zumba Gold is a great fun, low impact Latin inspired dance-fitness class which modifies the moves and pacing of a Zumba class to suit the needs of active older participants and is also suitable for beginners.

Instructor: Wendy Houlders

Venue: Queens Hall
Time: Mondays 10:30 am – 11:20 am
Telephone: 07748 331320
Email: wendy.houlders@btinternet.com

Instructor: Wendy Houlders

Venue: Maureen Williams School of Dance, Ilkley
Time: Wednesdays 10:30 am to 11:30 am
Telephone: 07748 331320
Email: wendy.houlders@btinternet.com

DANCE

Bonds Theatre Group - Adult Dance Classes

Contact: info@bonds-theatre.co.uk
Venue: Queens Hall
Time: Tuesdays & Wednesdays from 8 pm

We offer Adult Tap, Adult Ballet and Adult Dance Fitness classes. All of our lessons are suitable for both beginners and experienced dancers alike.

DARTS AND DOMINOES

Darts and Dominoes are played at Burley in Wharfedale Social Club either for fun or in the club's team in the local league. The dart board is in the main lounge and

is free at all times for members and their families to use, as are domino sets.

Venue: Burley in Wharfedale Social Club
Telephone: 01943 862287

GYMNASTICS

Aireborough Gymnastics Club.

We have approx 250 gymnasts - beginners, intermediate, competition, and tumbling for girls and boys, aged 4 upwards.

Venue: Unit 4 Clayton Wood Close, Leeds, LS16 6QE
Contact : Charlotte Barker
Telephone: 07940 433653
Email: aogc@hotmail.co.uk.
Web: www.aogc.co.uk

HOCKEY

Ben Rhydding Hockey Club

Venue: Coutances Way, Ben Rhydding, LS29 8AW
Telephone: 01943 607497
Web: brhc.co.uk

HORSE RIDING

Acrecliffe Equestrian Centre

Address: Ellar Ghyll, Bradford Road, Menston
Telephone: 01943 873912
Email: enquiries@acrecliffe.co.uk
Web: acrecliffe.co.uk

Acrecliffe is a family run Equestrian Centre and caters from the new rider to the serious competitor. We are a training and examination centre for the Association of British Riding Schools and the British Horse Society, have instructors qualified by the Side Saddle Association and Riding for the Disabled as well as being a

Pony Club centre.

KARATE

Seishin-Ryu Karate Club

Venue: Queens Hall
Time: Wednesdays 6 pm -7 pm
Contact: Julian Tan (7th degree black belt – 2012/13 European and World champion,
2016 World Champion)
Telephone: 07940 919401

Open to adults and children. No previous experience necessary

PILATES

Pilates at Space Fitness & Wellbeing

Contact: Sarah Clough
Venue: The Grange, Main Street, Burley-in-Wharfedale, LS29 7ND
Telephone: 07999 835660
Email: info@spacefitnessandwellbeing.co.uk

Morning & evening classes available. Introduction to Pilates, Flow Pilates, Pilates with Weights, Pilates levels 1-3.

Trueform Pilates Clinic

Contact: Ali Pickett
Venue: 120 Main Street, Burley in Wharfedale, LS29 7JX
Telephone: 07961 431502 or 01943 864944
Email: Ali@trueformpilates.co.uk
Web: trueformpilates.co.uk

Bespoke Body Mechanic Clinic that offers specialist Pilates and Rehabilitation continued care for those in pain, managing life long postural issues and all post injury/surgery needs.

Wharfedale Pilates

Contact: Jan Bryce
Tel: 07770 960739
Web: wharfedalepilates.com
Facebook: wharfedalepilates

Pilates for beginners and ongoing. Private tuition for small groups. Local classes available.

TAEKWONDO - ITF STYLE

Contact: Emelia May
Telephone: 07791 328853
Email: emeliamaywsma@gmail.com
Venue: Queens Hall
Times: Mondays 6:00 pm to 7:00 pm Juniors 5+
Mondays 7:00 pm to 8:30 pm 11+ years plus adults
Wednesdays 4:00 pm to 5:00 pm Beginners
Wednesdays 5:00 pm to 6:00 pm All grades, adults and juniors

Wharfedale school of Martial Arts hold classes and one to ones in Taekwondo ITF & WT (Olympic style), Self Defence, Infinite Tai Chi, Chi Kung and Meditation. Classes also take place at Newall Church Otley and East Morton Institute, East Morton.

TAI CHI

Tai Chi at Space Fitness & Wellbeing

Contact: Sarah Clough
Venue: The Grange, Main Street, Burley-in-Wharfedale, LS29 7ND
Telephone: 07999 835660
Email: info@spacefitnessandwellbeing.co.uk
Time: Fridays 10:30 am.

Good for reducing stress, improving posture, balance & general mobility.

SHOOTING

SHOOTING

Stead Hall rifle and pistol club

Contact: John Fearnley
Telephone: 07798 822460
Email: john@steadhallfirearms.co.uk
Web: steadhallfirearms.co.uk

The club is home office approved and runs from a range on Stead Hall Farm. The minimum age for membership is 14 years and 14-16 year olds must attend with a guardian or parent. Outdoor air rifle lessons are available.

SNOOKER AND POOL

Burley in Wharfedale Social Club has a snooker room where the members can enjoy a friendly game. The more serious players can play in one of the club's two teams in the local leagues. The club also has a pool table in the main room which is just for fun for the members and their families.

Venue: Burley in Wharfedale Social Club, Hill Top House, Main St.

SOCIAL CLUBS

Burley in Wharfedale Social Club

Venue: Burley in Wharfedale Social Club, Hill Top House, Main St, Burley in Wharfedale,
Telephone: 01943 862287

The Burley in Wharfedale Social Club has a large function room which is available to be booked for any kind of event by anyone, or group, small or large, including non-members. The club has a small booking fee which it waives for any charity related events. The club also holds its own events throughout the year which are generally open to non members.

Cuppa, Cake and Company

Contact: Becky Berry

Telephone: 07974 226690
Venue: St Mary's Parish Centre
Time: 1st Friday in the month, 2 pm to 4 pm.

Cuppa, cake and company is designed to appeal to older people who struggle to get out and about. It is dementia friendly and for anyone in need of company. Community transport is available.

Open Door

Venue: St Mary's Parish Centre, 49 Station Road, LS29 7NE
Time: Monday, Wednesday and Friday 10 am to 12 pm and 2 pm to 4 pm.

Open Door is a 'place of welcome' offering an unconditional welcome to local people for at least a few hours a week. Why not call in for a drink and a chat - it's all free, friendly, comfortable and cosy. Donations are always gratefully received.

SPORTS CLUBS

Aireborough Leisure Centre

Venue: The Green, Guiseley, LS20 9BT
Telephone: 0113 378 1230
Web: active.leeds.gov.uk

Visit the website to find out about the swimming, fitness classes and sports on offer.

Ben Rhydding Sports Club

Venue: Coutances Way, Ilkley, LS29 8AW

Ben Rhydding Sports Club is a federation of six member clubs that share the grounds and facilities. We are a community club, owned and run by members, serving all residents of middle Wharfedale. To join any of the clubs listed below, email the club rep.

Philippa Bland	Ladies Hockey	ladieshockey@brcbs.co.uk
Abi Box	Girls Hockey	girlshockey@brcbs.co.uk
Hugh Lorimer	Men's Hockey	menshockey@brcbs.co.uk
Vaughan Stell	Boys Hockey	boyshockey@brcbs.co.uk
Frank Taylor	Cricket	cricket@brcbs.co.uk
Richard Giles	Football	football@brcbs.co.uk
Roger Webb	Tennis	tennis@brcbs.co.uk

Judith Smith
Cathy O'Brien

Bowls
Croquet

bowls@brCBS.co.uk
croquet@brCBS.co.uk

SQUASH AND TENNIS

Ilkley Lawn Tennis and Squash Club

Address: Stourton Road, Ilkley, LS29 9BG
Phone: 01943 607182
Email: info@iltsc.co.uk
Web: iltsc.co.uk

Club facilities include 5 indoor tennis courts, 6 all weather outdoor courts and 14 grass courts, 5 top grade squash courts as well as a fitness suite with the very latest in equipment and a comprehensive range of classes.

SWIMMING

Chippindale Pool

Venue: Prince Henry's Grammar School, Otley, LS21 2BB
Telephone: 01943 466852
Email: chippindale.pool@leeds.gov.uk
Web: active.leeds.gov.uk/findacentre/ChippindalePool

Ilkley Pool and Lido

Venue: Denton Road, Ilkley, LS29 0BZ
Telephone: 01943 600453
Web: bradford.gov.uk/sport-and-activities/sports-centres-and-pools/ilkley-pool-and-lido

Indoor pool, outdoor pool, tennis, putting green, bowling, picnic area, café, ramped access

Ilkley Swimming & Waterpolo Club

Ilkley Swimming Club is a friendly, growing club run by a volunteer committee on a non-profit making basis. We have both swimming and waterpolo sessions with experienced coaches and are based at the pool in Ilkley where we run all our training sessions. Our aim is for members to improve and progress their swimming and waterpolo as far as they want - whether

competitively, for fitness or for the simple pleasure of swimming. Most of all we want all our members to enjoy their sport.

Contact: waitinglist@ilkleyswimmingclub.co.uk

Water Babies

Teaching you to teach your baby to swim. Fully qualified instructors. Award winning programme teaches babies from birth. Saving lives through water confidence and safety skills.

Email: horseyhorsey@waterbabies.co.uk

Telephone: 01943 862802

Web: waterbabies.co.uk

WALKING

Walkers are Welcome

Burley in Wharfedale Walkers are Welcome was established by local walking enthusiasts in 2013 and was accredited by the national organization in 2014. The group has been working since to improve access to footpaths in and around the village through upgrading surfaces, replacing stiles with kissing gates, constructing bridges and steps, and opening up neglected rights of way.

Monthly walks take place on the 1st Friday (3 miles) and 3rd Sunday (5 miles) of each month and include using local refreshment opportunities. No need to book – just turn up at Burley Station at 10 am. Regular longer walks are also being planned. A full programme of walks is provided during the week-long Burley Summer Festival in August. Three leaflets of circular walks from the Roundhouse have been published along with a route guide to the long distance Welcome Way. These are available from outlets in Burley and bookshops in Ilkley and Otley. Details of working parties and walk itineraries are sent out monthly. Get in touch to be added to our Friends of Walkers are Welcome email list.

Contact: David Asher (Chairman)

Telephone: 01943 862965

Email: burleywalkersarewelcome@gmail.com

Web: waw-burleyinwharfedale.org

YOGA

Core Strength Vinyasa Yoga

Contact: Emma Dawrant
Telephone: 07789 558865
Facebook: Emma's Yoga Tribe
Instagram: emmas_yoga_tribe

CSV is a style of vinyasa yoga which is a dynamic flow to tone and strengthen the whole body from the core. Myth - you don't have to be flexible! Suitable for all as can modify poses and learn to create freedom in mind and body.

Dru Yoga

Contact: Anne Ward
Telephone: 07939 073005
Email: annewardyoga@gmail.com
Venue: Queens Hall, 6 Main Street, Burley in Wharfedale, LS29 7DT
Times: Tuesdays, 9:30 am to 10:30 am.

Gentle flowing Dru yoga for flexibility, balance and relaxation. A friendly class suited to the over 50's.

Iyengar Yoga

Contact: Jo Lovell
Telephone: 07777 300 1791
Email: info@jolovell.yoga
Venue: Queens Hall, 6 Main Street, Burley in Wharfedale, LS29 7DT
Times: Monday 09:45 am to 11 am - Beginners only class.
Thursdays 7:30 pm to 9 pm - General class with a range of abilities.

I've been teaching Iyengar Yoga since 2000, it is one of the world's most widely-practiced forms of yoga. I help people access the poses focusing on the correct alignment of all parts of the body within each yoga pose. This precision builds strength and stamina, balance and flexibility, and a new sense of well-being.

Yoga at Space Fitness & Wellbeing

Contact: Sarah Clough
Venue The Grange, Main Street, Burley-in-Wharfedale, LS29 7ND
Telephone: 07999 835660
Email: info@spacefitnessandwellbeing.co.uk

Morning & evening classes available. Introduction to Yoga, Yoga level 1-2, Vinyasa Yoga level 1-2, Restorative Yoga.