

SPORTS

AIKIDO

Wharfedale Aikido Club

Dynamic traditional Japanese martial sport

Instructor: Mark Aldridge Tel 863857

Venue: St Mary's School, Menston

Juniors: Thursdays 6.30 – 8pm

Seniors Thursdays 8 – 9.30pm

Other clubs available in the Wharfedale area. Telephone to discuss

ANGLING

One mile to the north west of Burley the Bradford City Angling Association holds the fishing rights to a half-mile stretch of the river behind Manor Park. The club does not issue day permits but inexpensive club membership is available – see www.bradfordcityaa.co.uk. The Ilkley Angling Association www.ilkleyanglingassociation.co.uk has excellent angling on the river at Ilkley and Ben Rhydding. It sells day permits & season membership. The club also control the fishing rights on two ponds between Burley and Ben Rhydding (near the car wash/caravan sales).

Where the river runs next to the main A65 between Burley and Ben Rhydding there is a good stretch of free* fishing. There is further free* fishing at Ben Rhydding on the south bank immediately upstream of the road bridge. Also just before reaching Otley there is a short stretch of good free* fishing next to the main A660.

*Where the fishing is free, all anglers must have an Environment Agency fishing rod licence. This is inexpensive and can be purchased over the counter at any Post Office or via their website www.gov.uk/buy-a-uk-fishing-rod-licence.

Contact: Dave Martin, Secretary Ilkley Angling Association & licenced fly fishing instructor

Tel. 07899 034728

davidmartin@ilkleyanglingassociation.co.uk

ARCHERY

Stead Hall Farm offers outdoor archery.

John Fearnley

Tel 07798822460

john@steadhallfirearms.co.uk

www.steadhallfirearms.co.uk

BASKETBALL

Menston

Wharfedale Dragons

St Mary's School, Menston,

Mondays 16:30 - 18:00 – under 12's (year 7 and younger)

1815-1945 – under 16 (years 8-11) Satellite club

No experience necessary. Learn some basketball skills and have some fun. All sessions run by England Basketball qualified coaches who are all Bradford Dragons 1st team players (DBS/CRB checked)

www.bradforddragons.co.uk

Contact Stuart Culliford

Tel 07816 610600

e-mail info@bradford.dragons.co.uk

BINGO

Sunday and Tuesday evenings at 8pm Burley in Wharfedale Social Club

Friendly and fun evenings with a mixture of prize bingo, cash bingo and jackpots

Social Club Tel: 01943 862287

BOWLING

Grange Park

Crown green bowling: everybody welcome

The club offers competitive or friendly bowling from April until October.

contact:

Brian Wheeler 07944 191480 brianpwheeler@hotmail.co.uk

Anne Postlethwaite 863424 ann.kenpos@btinternet.com

CRICKET

Burley Cricket Club

The club plays in the Airedale & Wharfedale Cricket League at Junior and Senior levels.

Coaching is available for Juniors (both boys and girls) on Monday evenings during the cricket season.

Junior matches are played at both Grange Rd. and Scalebor Park. New members welcome.

Malcolm Wadsworth - Chairman

David Wadsworth - Club Secretary -07778813588

Richard Day - Treasurer - 07768964387

www.burleycc.co.uk

CYCLING

Burley Bike Club

The BBC is strictly an informal group of cycle enthusiasts, there are no membership fees, no committees and no formal meetings. The above rides have just developed over time, however if anyone wants to ride on different days or at different times then we have a Facebook Group where people can post messages

Sunday Morning Rides:

Meet Burley House Gates, Burley in Wharfedale, 8am

Generally a ride of 50 plus miles into the dales with hills, (so road bikes only and not ideal for novices), or more locally on Mountain Bikes (Otley Chevin, Ilkley Moor, Stainburn Forest)

Wednesday Evening rides:

Meet Burley House Gates, Burley in Wharfedale, 7pm, throughout the year (suitable winter equipment needed in the darker months)!

Depending on numbers on Wednesdays we usually have a social ride of about 10 miles and a longer ride of about 30 miles, ending up in a local village pub!

Contacts: Nick Turnbull njgttt@gmail.com or
 Daniel Hughes dnlhughs@hotmail.co.uk

Facebook and search for "Burley Bike Club"

DANCE

Silverfox Salsa

Venue: Hollygarth Club, Ben Rhydding

Salsa is an upbeat, spicy and exciting way to dance. We welcome all skill levels, from complete beginners to experts

www.silverfoxsalsa.co.uk

Contact: Trevor Wooltorton

Tel: 01423 563 907 or 07718044683

E-mail: aslas3@hotmail.com

Ilkley Dance Centre -Classical Ballet Classes

Ballet classes for children ages 3+

Mondays @ St Mary's Parish Centre

Contact 01943 817257 or 01943 603213

Email Ilkleydance@aol.com

www.ilkleydancecentre.org

Zumba

Zumba Fun. Latin inspired dance- fitness class. Effective, and easy- to- follow calorie burning workout. No experience is required

Mondays 9.30-10.15am - The Queens Hall in Burley

Zumba Party Nights Tuesdays 7.00 -8.00pn - The Queens Hall in Burley

Zumba FitSteps. Low impact, slower pace Latin inspired dance -fitness class which modifies the moves and pacing of a Zumba class to suit the needs of active older participants, as well as those just starting their journey to a fit and healthy lifestyle. What stays the same are all the elements of the Zumba class - the zesty Latin music, easy-to-follow moves and the invigorating party like atmosphere. Absolutely no experience is required.

Wednesdays 9.30. -10.15am at Maureen Williams School of Dance in Ilkley

Zumba Gold. Fitness that's "Strictly "fun! The best known and most popular Latin and Ballroom dances combined with proven fitness techniques, to give you fast fitness results, with a heap of fun thrown in! No experience is necessary

Wednesdays 10.30 -11.30am at Maureen Williams School of Dance in Ilkley

Contact Wendy 07748331320
wendy.houlders@btinternet.com

DARTS & DOMINOS

Darts and Dominoes are played at Burley in Wharfedale Social Club either for fun or in the club's team in the local league. The dart board is in the main lounge and is free at all times for members and their families to use, as are domino sets.

Contact Social Club 01943 862287

FITNESS

Getin2Shape

Getin2Shape Bootcamp is a ladies health, fitness & weight-loss group. Sessions are held in Burley in Wharfedale every Tuesday evening and Saturday morning. Proven techniques are used in helping people reach their goals.

Contact Brian Lane

Tel 07891 218779

getin2shapeleeds@gmail.com

www.getin2shape.com

FOOTBALL

Burley Trojans Juniors

16 teams from under 6s to Under 16s. All managed by volunteers.

Weekly matches:

Under 7s, 8s, 9s & 10s play on reduced pitches.

Under 11s and above play on full size pitches.

Weekly training sessions held outside during lighter evenings or local sports halls or floodlit facilities during winter.

Secretary and Acting Chairman: Richard Staveley

Tel 968427

e-mail rstaveley@uwclub.net

www.pitchero.com/clubs/burleytrojansjuniors/

GYMNASTICS

Aireborough Gymnastics Club (A.G.C)
Benton Park School, Rawdon.

The club has over 350 gymnasts which include recreational, squad girls and boys classes. Aireborough Gymnastics Club is committed to teaching gymnastics to different levels and abilities in a safe but fun environment. We want all our gymnasts to leave their sessions with a big smile on their faces and a sense of achievement. We aim to be a part of the community and widen participation for children to learn and experience gymnastics. We are committed to being friendly, approachable and value all parental and community support

Contact: Charlotte Barker & Victoria Wareing

Tel: 07940 433653 or 07970 979467 or 07851 845158

email: aogc@hotmail.co.uk.

Website: www.aogc.co.uk

HOCKEY

Ben Rhydding Hockey Club

The club caters for all abilities from national league to beginners

A fully lit astro turf pitch provides the local community and schools with an all weather surface and is available to hire. The club house comprises 6 changing rooms with showers and full disabled access. The main room can accommodate 120 people with a kitchen and bar and dance floor and is also available to hire.

General Enquiries 01943 607497

Ladies: Mary Pawson 01943 862221

Men: Andy Pachett 01943 875870

HORSE RIDING

Menston

Acrecliffe Equestrian Centre, Ellar Ghyll, Bradford Road

Acrecliffe is a family run Equestrian Centre and caters from the new rider to the serious competitor. We are a training and examination centre for the Association of British Riding Schools and the British Horse Society, have instructors qualified by the Side Saddle Association and Riding for the Disabled as well as being a Pony Club centre

Tel 01943 873912

enquiries@acrecliffe.co.uk

www.acrecliffe.co.uk

KARATE

Held at Queens Hall 6pm-7pm each Thursday. Open to adults and children. No previous experience necessary

Contact: Julian Tan - 6th degree black belt – 2012/13 European and World champion

Tel 07940919401

www.seishinryukarate.co.uk

PILATES

Trueform Pilates

Classes are based at the St Mary's Centre on Station Road

Classes hold up to 12 people and are specifically graded into levels from clinical rehabilitation to beginners up to intermediate level 1 and 2. All the equipment you will need is provided.

Call Alyson on: 07961 431 502

Email: bookings@trueformpilates.co.uk

www.trueformpilates.co.uk

Pilate for beginners and ongoing

Private tuition for small groups. Local classes available.

Contact Jan Bryce

Tel: 07770 960739

www.wharfedalepilates.com

facebook.com/wharfedalepilates

SHOOTING

Stead Hall rifle and pistol club is a home office approved club and runs from a range on Stead Hall Farm, offering facilities for small bore and full bore rifles.

There are two indoor firing positions with a shooting distance of 100 yards and a retrieving target system in place. The minimum age for membership is 14 years old. 14-16 year olds must attend with a guardian or parent

Outdoor air rifle lessons are available.

John Fearnley

Tel 07798822460

john@steadhallfirearms.co.uk

www.steadhallfirearms.co.uk

SNOOKER and POOL

Burley in Wharfedale Social Club has a snooker room where the members can enjoy a friendly game. The more serious players can play in one of the club's two teams in the local leagues. The club also has a pool table in the main room which is just for fun for the members and their families.

Contact Social Club 01943 862287

SOCIAL CLUBS

Social Evenings and Events

The Burley in Wharfedale Social Club has a large function room which is available to be booked for any kind of event by anyone, or group, small or large, including non-members. The club has a small booking fee which it waves for any charity related events. The club also holds its own events throughout the year which are generally open to non members. See the advert in the handbook and look out for local adverts.

Contact Social Club 01943 862287

SPORTS CLUB

Aireborough Leisure Centre

Aerobics, Aqua Aerobics, Badminton, Children's holiday activities, Children's Parties, Circuits, Disability sport , Fitball, Gymnastics, Lifeguard lessons, Pilates, Squash, Swimming, Yoga, Zumba

Tel: 0113 3781230

Email: lsp.aireborough.sport@leeds.gov.uk

www.leeds.gov.uk/sports/Pages/default.aspx

Ben Rhydding Sports Club

Ben Rhydding Sports Club is a federation of six member clubs that share the grounds and facilities. We are a community club, owned and run by members, serving all residents of middle Wharfedale.

Rachel Doherty	Ladies' Hockey	LadiesHockey@benrhyddingsportsclub.co.uk
Noel Hutton	Men's Hockey	MensHockey@benrhyddingsportsclub.co.uk
Robin Snook	Cricket	Cricket@benrhyddingsportsclub.co.uk
Richard Giles	Football	Football@benrhyddingsportsclub.co.uk
Trevor Grange	Tennis	Tennis@benrhyddingsportsclub.co.uk
Judith Smith	Bowls	Bowls@benrhyddingsportsclub.co.uk
Neil Stevens	Croquet	Croquet@benrhyddingsportsclub.co.uk

www.benrhyddingsportsclub.co.uk/

SQUASH

See Ilkley Lawn Tennis & Squash Club

SWIMMING

Ilkley Swimming Club

Ilkley Swimming Club is a friendly, growing club run by a volunteer committee on a non-profit making basis. We have both swimming and waterpolo sessions with experienced coaches and are based at the pool in Ilkley where we run all our training sessions. Our aim is for members to improve and progress their swimming and waterpolo as far as they want - whether competitively, for fitness or for the simple pleasure of swimming. Most of all we want all our members to enjoy their sport.

Chair Person	chair@ilkleyswimmingclub.co.uk
Coach	coach@ilkleyswimmingclub.co.uk
Membership Secretary	membership@ilkleyswimmingclub.co.uk
Waiting List Coordinator	waitinglist@ilkleyswimmingclub.co.uk

www.ilkleyswimmingclub.co.uk/home

Ilkley Swimming Pool & Lido

Denton Road, Ilkley

Indoor pool, outdoor pool, tennis, putting green, bowling, picnic area, café, ramped access

http://www.bradford.gov.uk/bmdc/leisure_and_culture/sports_and_leisure/sports_facilities/ilkley

Indoor pool open all year 7 days a week

Lido – outdoor pool, open from Spring Bank Holiday to September

Tel 01943 600453

Otley

Prince Henry's Grammar School - Chippindale pool

25m indoor pool. See web site for more details

www.leeds.gov.uk/sports/Pages/Chippindale-pool.asp

Tel: 01943 466852

Aireborough Leisure Centre, Guiseley – see Sports Centres

Water Babies

Teaching you to teach your baby to swim

Fully qualified instructors. Award winning programme teaches babies from birth.

Saving lives through water confidence and safety skills

e-mail horseyhorsey@waterbabies.co.uk

tel: 01943 862802

www.waterbabies.co.uk

TENNIS

Ilkley Lawn Tennis & Squash Club

Outdoor grass tennis courts, outdoor hard tennis courts and indoors hard tennis courts. 5 squash & racketball courts. Fully equipped fitness centre. A modern two storey clubhouse including changing facilities and a café/bar.

Tel 01943 607182

info@iltsc.co.uk,

www.iltsc.co.uk/

also see **Ben Rhydding Sports Club & Burley Cricket Club**

TENNIS

Burley Cricket Club Grounds

Contact Rachel Hill

Tel 01943 863845

hilltribe42@talktalk.net

One hard and one grass court. Families, adult and junior members welcome.

WALKING

Walkers are Welcome

Walkers are Welcome was launched in 2007 as a national movement to raise the profile of great places to walk in Britain. The Burley-in-Wharfedale Walkers are Welcome group was formed by local walking enthusiasts in 2013. We welcome new members to join our very friendly group of walking enthusiasts to help us promote Burley as a good place to walk and to help improve our local footpaths

David Asher,	Chairman	davidasher99@gmail.com
Bruce Moor,	Treasurer	bmoore107@btinternet.com
Mavis Regan,	Secretary	francesmregan@gmail.com

www.waw-burleyinwharfedale.org

YOGA

Classes are based at the Queens Hall, Main Street. Tuesday at 09:30 - 11:00

No matter what your abilities are or level of fitness you can derive true benefits of relaxation, awareness and wellbeing, Learn to breathe, relax, reduce stress ease aches and pains and improve well-being in a nurturing small class environment.

Contact: Annie Raynor

Tel 07778865666

anniesyoga@talktalk.net

www.northstaryoga.co.uk